Spiritual Health, Social Well-Being, and Their Relationship with the Attitude Towards Childbearing Among Nurses in 2023

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ABSTRACT

Introduction: Spiritual health refers to the process discovering meaning and purpose in life. It enables individuals to cultivate deeper relationships with themselves and others. Additionally, social well-being encompasses a person's communication and interactions with those around them. This study aimed to explore the relationship between spiritual health and social well-being, as well as their influence on attitudes toward childbearing among nurses working at the Faculty of Medical Sciences in Khoy in 2023.

Methods and Materials: This descriptive-analytical study was conducted on 270 nurses working at the Faculty of Medical Sciences in Khoy. Data were collected using standard questionnaires of spiritual health, social well-being, and attitude toward childbearing. Data analysis was performed using Pearson correlation and linear regression statistical tests.

Results: The results showed that spiritual health and social well-being were positively and significantly related to nurses' attitudes towards having children ($r = 0.48$; $p = 0.001$). Also, spiritual health and social well-being factors accounted for 23% of the variations in attitudes towards having children.

Conclusion and Discussion: The findings of this study reveal that spiritual health and social well-being are correlated with nurses' attitudes toward having children. Therefore, focusing on these health aspects can significantly enhance attitudes towards parenthood. It is recommended to provide relevant training in this area for nurses.

Keywords: Attitude, Child, Nurses

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